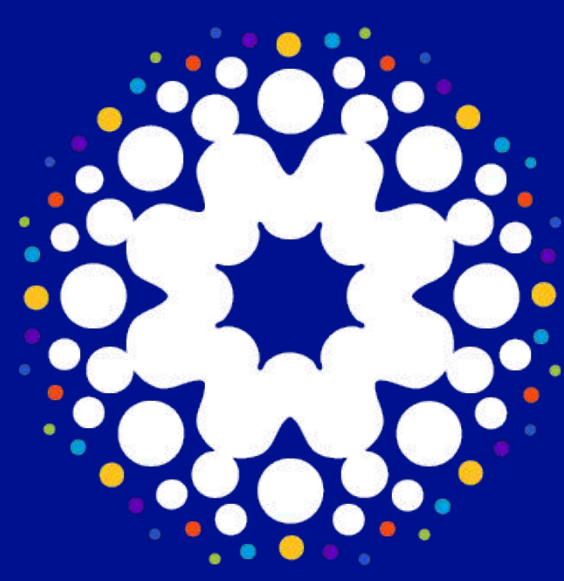




TeamBonding

TEAM BUILDING EVENTS

You bring the team.
We bring them together.

Led by professional facilitators, chefs, hosts & MCs, we'll make your event one to remember!

In It To Win It

Quick 60-second challenges, energetic hosts, icebreakers, and games like Full of Hot Air, Cone Head, and Bucket of Fun.

All building toward a fun, laughter-filled competition that's really about stress relief and team bonding.



Charity Bike Build

A charity event where teams build bikes for local kids, partnering with groups like Big Brothers Big Sisters.

The shared, meaningful goal drives real engagement and teamwork.



Outrageous Games

High-energy, non-athletic "field day" with ten wacky relay races that build teamwork and communication, accessible to all fitness levels.

Complete with opening/closing ceremonies, a sportscaster's play-by-play, DJ, flags, an award platform, and wild props.



The Donation Station

Turn any space into a giving-back hub where teams assemble care packages and write notes for a charity of their choice.

We handle all logistics, and everything is customizable to fit any team's CSR goals, making charitable giving easy, engaging, and impactful.



Corporate Feud

A "Family Feud"-style team game show where coworkers race to guess popular survey answers.

Fully customized to the company's culture and inside jokes, it's a fun, laughter-filled mix of trivia and bonding.



TeamCuisine

A gourmet cooking challenge where teams prepare a five-star meal together. No recipes or kitchen experience needed.

With customizable menus, it's a fun way to build connection through problem-solving, collaboration, and a shared meal.



Ready to add TeamBonding to your Starland event?

Contact the Starland team to explore options and add a TeamBonding experience to your event.

events@starlandsports.com

781-996-3053



Whether your team wants to give back, celebrate, compete, learn, or reconnect, choose from 200+ customizable experiences that strengthen relationships, build culture, and create lasting memories.

View all of TeamBonding's offerings!

